

Newsletter

Message from The President: Past, Present and Future



Jean-Francois Lefavre, MD
President NCSPS

I am honored to be the President of the North Carolina Society of Plastic Surgeons for 2018. This is a wonderful group of physicians to represent. Not only do I feel privileged to work with my colleagues on the board, but it is always a pleasure to get to meet new people during the annual meeting. Our

last meeting in Asheville, at the Omni Grove Park Inn, was a huge success thanks to the hard work of Dr. Mary Ann Contogiannis, our immediate past president. She set the bar high for the next annual meeting. For those of you who attended the meeting, you will certainly agree that everything was a success from scientific program, guest speaker selection and social program standpoint. I would like to thank the large number of residents and physicians who participated and attended.

Unfortunately, the weather did not cooperate for the golf tournament which had to be canceled for the first time in a while. I am hopeful that Mother Nature will be on our side for the next meeting. Speaking of golf, I recently ran into my former mentor, Dr. William F. Mullis, during a retirement party for Dr. Stanley Getz, my senior partner. Dr. Mullis just retrieved a picture from the first annual meeting of the North Carolina Society of Plastic Surgeons, back in 1977, at Quail Hollow Country Club in Charlotte. He identified 16 out of the 17 founding members. We will be able to display this piece of history at the upcoming annual meeting which will be held November 1-4, 2018 at the Sanctuary in Kiawah Island, SC. It is always good to look back at history. This annual meeting has certainly come a long way over the last 40 years. If someone has any interest in looking back at the history of our Society, please let us know.

For those of you who were not able to attend the annual meeting, please let me go over some updates. We added 2 new members to the Society. Dr. Gregory Swank, from Hickory, was elected Secretary. Dr. Jeremy Pyle is now Vice-President. Dr. Matthew Blanton, who gave us a financial update in Asheville, remains Treasurer of the Society.

Dr. Swank and Dr. Contogiannis both remain very active in advocacy on behalf of our Society. Our Society was able, along with ASPS and the North Carolina Society of Eye Physicians and Surgeons, to block HB 36, which would have broadened the optometrists' scope of practice to include medical and surgical procedures. You should soon receive an update from the American Society of Plastic Surgeons about the success obtained by combining forces with our fellow ophthalmologists. Threats to patients' safety are always on the horizon. Our Society has a dual role of education and lobbying.

My gratitude also extends to Susan Russell, our Executive Director, and her staff for their constant work behind the scenes. Working with Susan is truly a blessing for this Society which has grown since she took over the directorship. She keeps us up-to-date with conference calls, communication with members and planning for the annual meetings. Her organization skills keep this Society working smoothly on a day-to-day basis and expanding year after year.

As we just turned the page on 2017, I would like to wish every one of you a successful and Happy New Year. Please do not forget to mark your calendars for November 1-4, 2018 for our next annual meeting. My wife and I have attended this meeting yearly for almost 10 years. These meetings have the perfect balance between learning, networking and social activities. They are always held in great resorts with outstanding restaurants, spas and golf courses. The meeting format allows meaningful interaction with national plastic surgery leaders, something just not possible during national or even regional meetings.

The 2018 meeting will also welcome back the South Carolina Society of Plastic Surgeons as we did back in 2016 for the Charleston meeting. Members and residents from the 2 states are invited to submit papers for presentation. Details will follow in regular emails from the Society. Feel free to submit difficult/challenging cases which will be presented in a separate session. We also have discussed having a practice management session where your office staff would also be invited to learn and participate. As always, the schedule will allow you and your family to spend time together, at the beautiful resort, on the golf course or on the beach. We have started selecting outstanding guest speakers, topics, planning social events and obviously the golf tournament. This is your meeting. I am putting it together with the members' interests at heart.

continued on page 2

Message from the President continued from page 1

As nothing is set in stone yet, please feel free to share any ideas or recommendations with me. I can be reached at 704-222-6475 or jflefaivre@icloud.com.

Looking forward to seeing you in Kiawah.



Save the Date
November 2-4, 2018

NCSPS Annual Scientific Meeting
The Sanctuary, Kiawah Island, SC

Annual Nicholas Georgiade Cup Competition



The Resident Research Paper session of the 2017 meeting provided insight into quality research topics from the university programs: Wake Forest, Duke, UNC; as well as Hunstad-Kortesis Center and Carolinas Medical Center. The NCSPS abstract selection committee comprised of academic and local private practice plastic surgeons. The initial abstract submission resulted in 13 abstracts; 9 resident papers were ultimately selected for presentation. The winning presentation was selected by the abstract committee as well as our special guest speakers, Maurice Nahabedian, MD, and Louis Strock, MD. The Georgiade Cup went to Ryan Rebowe, MD of Wake Forest University for his paper entitled "Salvage of Venous Congested Muscle Flaps Using Negative Pressure Wound Therapy."

Congratulations to Dr. Rebowe!

Welcome to Our New North Carolina Society Members:

Eric Halvorson - Asheville, NC
William Welsh - Nebo, NC

2017 Annual Scientific Meeting Photos



Legislative Update



This has been a busy year legislatively, both on a state and national level. The issues have been very similar for the most part. In North Carolina and nationally we saw possible legislation regarding scope of practice and out of network insurance billing as issues. ASPS joined the NCSPS in providing support to address these concerns. In NC we joined our Ophthalmology colleagues to defeat attempts by optometrists to expand their scope of practice to include more medication prescribing authority and to allow them to perform surgery. CRNAs, Nurse Practitioners and Nurse Midwives joined together to sponsor legislation in NC that would allow them to practice independently. Although the issue is not totally settled, they will not be able to practice in this manner.

Legislation that was introduced into the NC state Legislature attempting to basically not allow out of network billing was defeated. However, the out of network billing issue will be back again next year and more than likely will have more support for passing some type of reform, so the NC Medical Society is already working on a physician friendly outcome and is looking at the Fair Health Data Repository for pricing, which is also what has been used in most other states that have already had legislation passed. Of course, we also are pushing for transparency from Insurance plans as to the patient benefits and addressing why networks may be too narrow regarding physician participants in network.

Regarding the NC Medical Board there were a few important policy concerns. The Board has developed a new policy regarding photography of patients in physician offices- this started out as a rather unrealistic policy from a Plastic Surgery standpoint, however we were able to intervene, and the final policy adopted is reasonable and workable with Plastic Surgery. The Board issued a public letter of concern regarding the practice of a Plastic Surgeon allowing a RN to evaluate and treat patients for botulinum toxin injections according to the Plastic Surgeon's protocol

and supervision, saying that an RN cannot diagnose and treat patients as only Physicians, PAs and Nurse Practitioners can do so.

The NC Nursing Board agreed with this decision as they also felt it was outside an RN's scope of practice to diagnose and treat. The NC Medical Board also felt that other non-surgical procedures such as fillers and laser hair removal also fell under this category. So, if you use RNs in your practice for this purpose, you may need to reassess that issue. Lastly in January 2018 the STOP (Strengthen Opioid Misuse Prevention) Act will take effect. Perhaps the most important aspects to be knowledgeable about include the following. This Act will limit the initial amount of narcotics that can be ordered for a patient to be: 1) no more than a 5 (five) day supply for a patient being seen for the acute onset of new pain and 2) no more than a 7 (seven) day supply for the post-operative patient. We will have to see our patients again to give a prescription for more narcotics. We will eventually have to register with the NC CSRS and check the 12 month opioid prescription history for patients we are prescribing Schedule II or III opioids and narcotics to as well after it has been better developed and implemented. Also within our three year CME cycle for renewal of our NC medical License, we will need to complete 3 (three) hours related to this topic of opioid abuse and prescribing. There are more aspects to the STOP Act that can be reviewed on the NC Medical Board's website along with detailed information regarding the other policies mentioned above.

NCPRS will continue to provide updates on advocacy and legislative issues throughout the year as they develop.

SPECIAL THANKS TO OUR 2017 EXHIBITORS AND SPONSORS

Our Annual meeting was a huge success due in large part to our industry exhibitors and sponsors. We would like to extend a special thank you to everyone who participated and we look forward to having you at our 2018 meeting at The Sanctuary in Kiawah, SC.

Allergan
AirXpanders Inc.
American Society for Aesthetic Plastic Surgery
ASSI - Accurate Surgical
Bard Davol
Biologica Technologies
Bovie Medical Corporation
Cohera Medical Inc
Cynosure
Galatea Surgical, Inc
Galderma Laboratories
Ideal Implant
KLS Martin
Life Cell
Lumenis
Medtronic
Mentor Worldwide, LLC
MicroAire Surgical Instruments

MiMedx
MTF
NeoStrata Company, Inc
NOADAQ
Pacira Pharmaceuticals, Inc
Pure Life Sciences
PMT Corporation
Red Spot Interactive
Revision Skin Care
Sente
Sientra
Solutions Start
Southeast Medical Books
Stryker
Syneron Candela
Valeant
Zeltiq



North Carolina Society of Plastic Surgeons

6300 Sagewood Drive Suite H255
Park City, Utah 84098

P: 435 - 200 - 8272
F: 435 - 487 - 2011

www.NCSPS.com

NCSPS Executive Board

President
Vice-President
Secretary
Treasurer
Immediate Past-President
2016 Past-President
2015 Past President

Jean-Francois Lefavre, MD
Jeremy Pyle, MD
Gregory Swank, MD
Matthew W. Blanton, MD
Mary Ann Contogiannis, MD
Jeffrey R. Marcus, MD
James Thompson, MD